



Month “October” KITCHEN

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1 Sheppard’s Pie, mashed Potatoes, green beans, Pudding, & milk</p> <p>AM – cheezits & juice PM – cheezits & juice</p>	<p>2 PB & Jelly sandwich, mixed vegetable, peaches, & milk</p> <p>AM: cheese & crackers PM: cheese & crackers</p>	<p>3 Dino nuggets, corn, tater tots, pudding, milk</p> <p>AM – pretzels & ranch PM – pretzels & ranch</p>
<p>6 Mac & cheese w/hotdogs, green beans, fruit cocktails, milk</p> <p>AM: chex mix & juice PM: chex mix & juice</p>	<p>7 Chicken w/rice, broccoli, pudding, & milk</p> <p>AM: cheese balls & water PM: cheese balls & water</p>	<p>8 Meat loaf, mashed potatoes, mixed vegetables, Milk, applesauce</p> <p>AM – goldfish & juice PM – goldfish & juice</p>	<p>9 Grilled cheese sandwich, green beans, pudding, milk</p> <p>AM: chex mix & juice PM: chex mix & juice</p>	<p>10 Pizza , corn, peaches, milk</p> <p>AM – pretzels & ranch PM - pretzels & ranch</p>
<p>13 Fish sticks, mashed potatoes, corn, pudding, milk</p> <p>AM – animal crackers & PB PM –animal crackers & PB</p>	<p>14 Chicken & yellow rice, Peas, fruit cocktail, milk</p> <p>AM: cheezits & juice PM: cheezits & juice</p>	<p>15 Roni Bake, green beans, peaches, milk</p> <p>AM: graham crackers PM: applesauce</p>	<p>16 Ham & cheese sandwich, mixed vegetable, jello, milk</p> <p>AM: chex mix & juice PM: chex mix & juice</p>	<p>17 Dino nuggets, green Beans, French fries, pudding milk</p> <p>AM – pretzels & ranch PM – pretzels & ranch</p>
<p>20 Cheesy chicken noodle casserole, corn, brownies, milk</p> <p>AM: goldfish & water PM: goldfish & water</p>	<p>21 Chili w/rice, corn bread soufflé, applesauce, milk</p> <p>AM: cheese & crackers PM: cheese & crackers</p>	<p>22 Chicken pot pie, mixed vegetables, peaches, milk</p> <p>AM: cheerios & milk PM: cheerios & milk</p>	<p>23 Sheppard’s Pie, mashed potatoes, green beans, pudding</p> <p>AM: cheese balls PM: cheese balls</p>	<p>24 Pizza , corn, fruit Cocktail & milk</p> <p>AM – pretzels & ranch PM - pretzels & ranch</p>
<p>27 Hot dogs w/ bun, corn, fruit cocktail, milk</p> <p>AM: graham crackers & applesauce PM: graham crackers</p>	<p>28 Beef stroganoff, green beans, pudding, milk</p> <p>AM: cheese & crackers PM: cheese & crackers</p>	<p>29 Chicken & rice casserole, broccoli, cake, milk</p> <p>AM: chex mix & juice PM: chex mix & juice</p>	<p>30 Roni bake, corn, applesauce, milk</p> <p>AM: Fall Festival Parties PM: Fall festival Parties</p>	<p>31 Dino nuggets, corn, tater tots, pudding, milk</p> <p>AM – pretzels & ranch PM – pretzels & ranch</p>